

Book Review Competition 2024-25

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Title of the book: Do it today; **Author:** Darius Foroux; **Publisher** North Eagle Publishing; **Year:** 2018

Darius Foroux is a powerful guide to stop Procrastination, in simple language it means delay or postponing something and take immediate action in life. The book in its essence is a motivational tool meant to help the people and make most of their time, instill a sense of urgency and change their mind set from passive to proactive.

One of the high points of this book is that it's clear and concise. Foroux does not buy a new reader with filter and exclusive theory but instead provide actionable advice, practical step and easily understandable concept that directly apply to anyone who is struggling with procrastination or feel stuck.

Foroux uses his personal experience and research to support his point making the advice feel real. He speaks about very common hurdles fear of failure, self doubt and lack of motivation and offer straight forward solution. His writings make you feel that you are receiving an advice from a close friend who genuinely want to help us. Do it today is a quick, helpful read to get anyone who want to win their procrastination and be productive.

Foroux's no-nonsense approach makes it a great resource for reader seeking straight forward advice that they can immediately put into practice with a view to improving their daily lives.

OVERCOME PROCRASTINATION,
IMPROVE PRODUCTIVITY & ACHIEVE
MORE MEANINGFUL THINGS

...

DO IT TODAY



...

DARIUS FOROUX